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**A Study of the Impact of  
Alcohol Addiction on Health and Personal Safety**



Name of student: Gao. Bing Li  
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Department of Pāli and Buddhist Studies  
University of Peradeniya  
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## **Abstract**

The present work as indicated in the title is devoted primarily to a study of the alcohol addiction, which is a commentary on the Buddhist rules. The Buddhist rules are the most comprehensive illumination of the alcohol addiction. Alcohol addiction is a multifaceted problem that includes hazardous use, harmful use and addiction. Hazardous use, is a pattern of alcohol addiction carrying with it a risk of personal health and social safety. Harmful use, also called alcohol abuse, involves drinking that is already provoking either physical or mental damage but has not yet led to addiction. Addiction has been described as the loss of control to abstain from drinking. An alcohol addiction person craves to drink alcohol despite various alcohol-induced problems, and suffers from withdrawal in its absence.

This dissertation examines the impact of alcohol addiction on health and personal safety. By examining this important case of alcohol addiction, I illuminate the process by which operation in this context is basically an exercise in activating and applying the relevant Buddhist rules in their true forms and with no compromises or dilutions. Therefore, the framework of this dissertation adheres to the logic embodied in the key Buddhist rules. In designing means and methods of operating Buddhist rules, the dissertation does not fail to focus on issues emerging from current developments which affect in one way or another the application of Buddhist rules for maximizing consumption of alcohol. In the sectional structure of this dissertation, it begins with the parameters; followed by discussions on five types of lifestyle of the alcohol addiction in the social background; concept of Buddhist rules

on the alcohol addiction; basic concept of Buddhist rules enlighten addicts on their alcohol addiction; “no intoxicant” implicated virtue and ethic in the contemporary world; and finally, I will discuss the significance of “non consumption of alcohol” rule in the modern society and prospect of “non consumption of alcohol” rule in the future.