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EFFECTS OF EXOGENOUS ANDROGEN AND ANTIANDROGENS

ON THE EPIDIDYMIS OF THE RAT

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My thanks or also due to all members of the staff

SUMMARY

The aim of the present study was to firstly review the current state of knowledge on epididymal structure and function, and secondly to evaluate the effects of potential fertility regulatory drugs on reproduction with special emphasis on the epididymis. Three drugs, namely the synthetic androgen testosterone propionate (TP), the steroidal antiandrogen cyproterone acetate (CA) and flutamide (F) a non-steroidal antiandrogen were investigated, over a treatment period of 30 to 70 days.

TP caused a decrease in the weight of the testis and epididymis. A decrease was seen in the general motility of epididymal spermatozoa and in the epididymal sperm reserve (ESR). The percentage abnormality of spermatozoa in the epididymis was increased. Histological changes in the epididymis included the appearance of abnormal cells in the luminal content and the vacuolation of the epithelium. The testis was characterized by pyknotic cells in the germinal epithelium and a reduction in the number of interstitial cells. It is thought that TP through pituitary suppression, causes atrophy of Leydig cells, and that the exogenous TP is unable to meet the demands of the epididymis which seems to require a much higher level of androgen than the accessory organs.

Histochemically the distribution of acid phosphatase in the epithelium was unaffected by TP treatment, but luminal cells showed heavy deposits of reaction product and the latter may be associated with phagocytic activity. Alkaline phosphatase activity exhibited a slight increase. Biochemical studies showed a pronounced increase in alkaline phosphatase activity and a marginal decrease in acid phosphatase activity.

In general the effects produced by CA were similar to those produced by TP. However, unlike with TP the weights of the accessory glands too were decreased, which is not unusual since an exogenous supply of androgen is not available in this situation. CA was capable of complete suppression of fertility which could be a result of azoospermia. The lack of libido may also be a contributory factor to the suppression of fertility.

Flutamide resulted in an increase in the weight of the testis but the weights of all other reproductive organs were decreased. The most pronounced effect was shown to be on the prostate glands. The epididymal histology was unaffected and the decrease in the ESR was not marked. Although claimed to be a potent antiandrogen, flutamide was unable to inhibit fertility in male rats.