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Social Sciences and Humanities

## IS BUDDHISM BASED ON THE THEORY OF BALANCE?

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Buddhism, which is basically a philosophy, demonstrates the reality of the world. The theory of balance, which means a balance among worldly matters, is one of the realities within the functioning of the world. As modern sciences explain, the nature in the world is to control circumstances that overwhelm the theory of balance at any given moment. When we refer the Buddhist philosophy, it is evident that Buddhism is based on the theory of balance. So the evidences can be found for that in the teaching of Buddhism as following. Middle Path, Great wisdom, Great Compassion, Offering of materials and policies, The way to *Nibbana* of lay people and priests, Association of friends, Development of both side, The Four Noble Truth *etc*. Basically one teaching of Buddhism does not overwhelm another. Each teaching of Buddhism introduces two sides which are in need to each other. For examples, Great Compassion and Great Wisdom, devoted to sensual pleasure and devoted to self-affliction, Worldly Development and Spiritual Development, Ascetic way and Laic way. Buddhism emphasizes no only one of the two is important. Compassion without wisdom is not meaningful and contrast to, wisdom without compassion is not meaningful. So, this research aims to investigate whether Buddhism is based on the theory of balance or not.